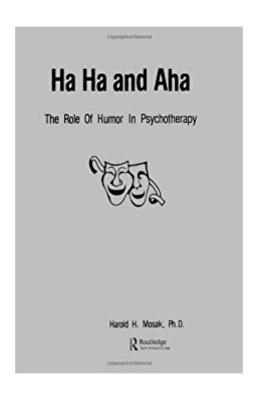


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# Ha, Ha And Aha: The Role Of Humor In Psychotherapy





### Synopsis

First published in 1987. Routledge is an imprint of Taylor & Francis, an informa company.

### **Book Information**

Hardcover: 160 pages Publisher: Routledge/Accelerated Development; 1 edition (May 1, 1987) Language: English ISBN-10: 0915202654 ISBN-13: 978-0915202652 Product Dimensions: 9.3 × 6.2 × 0.7 inches Shipping Weight: 12.3 ounces (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars 1 customer review Best Sellers Rank: #796,476 in Books (See Top 100 in Books) #214 in Books > Humor & Entertainment > Humor > Doctors & Medicine #927 in Books > Humor & Entertainment > Humor > Self-Help & Psychology #1122 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychoanalysis

#### **Customer Reviews**

The last thing a counselor wants to be seen as is a 'stick in the mud'. For counseling to be successful, the atmosphere must wreak of understanding and connectedness. Nothing can communicate acceptance, hopefullness and connectedness more than therapeutic humor. Dr. Mosak has crammed his many decades of experience into this marvelous volume that helps the counselor appropriately steer the session toward productive stories, anecdotes and lessons which hit their mark by virtue of the light-heartedness factor that allows the client to be open to the insight intended. I highly recommend this book for all who deal with people trying to resolve human problems whether in counseling, human relations or clergy.

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